

QUICK START PANDEMIC FLU PREPAREDNESS

CAN DO LIST

Below is a list of some fast and easy things you CAN DO to help prevent the flu.

See how many you CAN DO!

- Potty Posters posted -- simple education, designed to help inform and educate people at your agency
- Safety Signage posted -- provides directions to safety-related resources (restrooms, sink, sanitizer, etc.)
- Nudge Notices posted -- supports good public behavior by helping people to nudge each other toward healthy actions
- Hand sanitizer made available -- post it and secure it in public places, have employees carry it
- Wallet card in pocket, purse or wallet -- portable information for community educators
- Hyperlink to health & safety info on desktops (ACPHD website, YouTube of sneezing in elbow, etc.)
- Physical changes made to support good behaviors (move garbage bins close to bathroom door, etc.)
- Emergency contacts and helpful information programmed cell phone (or on paper list if no phone)
- Training conducted -- proper hand washing, coughing/sneezing in elbow, social distancing (6ft)

Visit www.CARDcanhelp.org to download Potty Posters, Safety Signage, Nudge Notices and other tools to support your preparedness efforts!

